

TOP 10 PLANT LIST

THE SEAWILDING GARDEN

GRASSES/SEDGES



Cotton Grass – *Eriophorum angustifolium*, *Eriophorum latifolium*, *Eriophorum vaginatum*

Low growing perennial grasses on wet acidic soils in full sun.
Grows in exposed to sheltered sites.
Flowers followed by tufts of white cotton like seed heads in May/ June.

Photo attribution: [Rob Bendall](#)



String sedge - *Carex chordorrhiza*

Found on bogs where it normally sits in standing water.

Now only found in 3 locations, all in Scotland. This is an interesting sedge with long cord like growths along the ground

[Photo attribution](#)

PERRENIALS/ANNUALS



Alpine rock-cress - *Arabis alpina*

A perennial mat forming plant on rock ledges.

The Uk has 1 population on the Isle of Skye.

[Photo attribution](#)



Sticky catchfly - *Silene viscaria*/ *Viscaria vulgaris*

Mat forming tufted evergreen perennial 45 – 60cm tall.

Found on rock outcrops and steep dry slopes.

A rare native wildflower only found in 20 location throughout England, Scotland and Wales.

Photo attribution: [Kurt Stüber](#)



Trollius europaeus – Globe flower

Herbaceous perennial found in moist meadows in full sun to part shade, Trollius nationally is in decline due to intensive land management.

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